

<b>Distance</b>	<b>Time</b>	<b>Name</b>	<b>Race</b>
<b>SENIOR MEN</b>	-	-	-
5 km	00:16:13	Chris Rogers/ Nigel Marley	Stevenage, 2000/ White Horse, Glouc. 2008
5 Miles	00:27:15	Piers Vallance	Hanney, 2003
10 km	00:32:08	Nigel Marley	Salford, 2009
10 Miles	00:55:27	Nigel Marley	Maidenhead 2012
Half Marathon	01:15:14	Nigel Marley	White Horse, 2007
Marathon	02:51:57	Richard Gould	London, 2010
<b>V40 MEN</b>	-	-	-
5 km	00:16:54	Richard Gould	Cottisford, 2015
5 Miles	00:28:16	Richard Gould	Didcot 5 2012
10km	00:35:09	Richard Gould	Bourton 10k 2016
10 Miles	00:57:59	Richard Gould	Portsmouth's Great South
Half Marathon	01:15:44	Richard Gould	Reading Half, 2015
Marathon	02:39:48	Richard Gould	London, 2016
<b>V50 MEN</b>	-	-	-
5 km	00:17:42	John Nelson	Charndon, 2010
5 Miles	00:28:56	John Nelson	Hanney, 2012
10 km	00:36:28	John Nelson	Eynsham, 2012
10 Miles	01:02:20	John Nelson	Witney, 2010
Half Marathon	01:19:50	John Nelson	Oxford Half, 2012
Marathon	02:55:58	Jon Burgess	Abingdon, 2005
<b>V60 MEN</b>	-	-	-
5 km	00:19:50	Jon Burgess	Cottisford, 2015
5 Miles	00:31:03	Jon Burgess	Headington 2014
10 km	00:40:47	Jon Burgess	Oxford Town & Gown 2015
10 Miles	01:06:09	Jon Burgess	Cotswold Classic 2014
Half Marathon	01:24:33	Jon Burgess	Oxford Vitality Marathon 2014
Marathon	03.10.44	Jon Burgess	Venice Marathon 2014
<b>V70 MEN</b>			
5 km	00:25:52	Dave Basham	Waddesdon 2016
5 Miles	00:39:46	Dave Basham	Hanney 2015
10 km	00:48:05	Dave Basham	Eynsham 2016
10 Miles	01:38:00	Dave Basham	Cotswold Classic 2017
Half Marathon	01:58:21	Dave Basham	White Horse Half 2016
Marathon			
<b>SENIOR LADIES</b>	-	-	-
5km	00:18:21	Michelle Pank	Cottisford 2014

<b>Distance</b>	<b>Time</b>	<b>Name</b>	<b>Race</b>
5 Miles	00:29:47	Jenny Pyper	Hanney 2005
10 km	00:38:18	Jenny Pyper	Oxford Airport 2005
10 Miles	01:03:51	Jenny McBain	Cotswold Classic 2010
Half Marathon	01:21:56	Jenny McBain	New Forest Half 2010
Marathon	02:58:10	Jenny McBain	Abingdon Marathon 2010
VL35 LADIES	-	-	-
5 km	00:18:30	Sarah Rendell Jenny McBain	Great South Run, 2014/ Boscombe Winter 5k 2014
5 Miles	00:30:07	Jenny McBain	Headington 5 2014
10 km	00:37:26	Sarah Rendell	Eastleigh 10k 2016
10 Miles	01:02:27	Jenny McBain	Daventry 2013
Half Marathon	01:20:59	Jenny McBain	Surrey Half Marathon 2016
Marathon	02:57:26	Sarah Rendell	London 2016
VL45 LADIES	-	-	-
5 km	00:19:56	Sam Usher	Alchester 5k 2017
5 Miles	00:33:48	Angela Banks	Hanney 2008
10 km	00:41:18	Angela Banks	Headington 2008
10 Miles	01:07:36	Sam Usher	Cotswold Classic 2017
Half Marathon	01:31:48	Angela Banks	White Horse 2009
Marathon	03:22:14	Angela Banks	Abingdon 2008
VL55 LADIES			
5 km	00:32:48	Marion Harris	MK Rocket 2016
5 Miles	-	-	-
10 km	00:56.36	Clare Burgess	Eynsham 2014
10 Miles	01:51:12	Marion Harris	Cotswold Classic 2017
Half Marathon	02:16:21	Marion Harris	Stratford 2014