



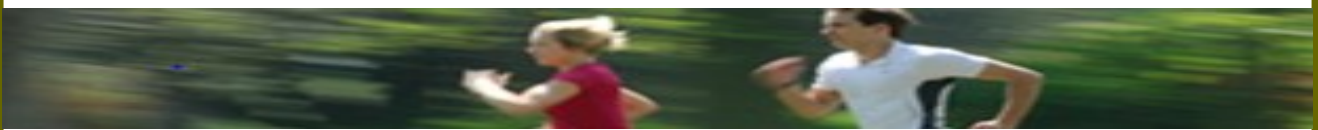
Annual

TWYFORD TROT – 5K

Multi – Terrain Race and Family Fun Run

Sunday 26th September 2010

11.30am start at Twyford Recreation Ground



£5 pre-booked or £8 on the day

- ✘ Unique course run over quiet country road, track and horse gallops
- ✘ BBQ & refreshments
- ✘ A great day for athletes, families and friends
- ✘ Free parking
- ✘ Baggage storage/toilets at Twyford Cricket Pavilion
- ✘ Race fully marshalled
- ✘ Water station at finish
- ✘ Winners prizes
- ✘ Medals for all those completing the course
- ✘ Special commemorative T shirts available
- ✘ Prize for best Fancy Dress!
- ✘ Children £3.00 or £5.00 on the day

Entry forms available from:

* Race Secretary:

Stephanie North
Nest View, Bicester Road
Twyford, Buckingham MK18 4EJ

* Twyford Village Shop or

* Download from www.twyford.org

